



Black/grey
is the standard colour,
but all RAL colours
are available.

Pony

Description of materials	Metal construction, welded, blasted, galvanised (or metallised), with epoxy coating
Function	Strengthens the quadriceps, gluteal muscles and calf muscles (the latter provided that both forefeet are placed on the appropriate rest). Also strengthens the biceps, shoulder girdle, rhomboids and upper back muscles. Encourages active stability and muscle coordination in the anterior shoulder girdle and upper back.
Usage	Sit in the seat, place your feet on the footrests provided and pull the hand grip towards you, so that your body forms a straight line.

Type	OFS100314
Dim.	95 x 60 x 130 cm
Space	400 x 360 cm
Montage	50 x 50 x 70 cm, must be secured in position with concrete.
Weight	40 kg
Volume	0,4 m ³



Each piece of equipment has a specific sticker, detailing how to use the equipment in pictogram form and with a warning against improper use (size of the user).

