



Black/grey
is the standard
colour,
but all RAL colours
are available.

Type	OFS100713
Dim.	90 x 50 x 105 cm
Espace	260 x 196 cm
Montage	50 x 50 x 70 cm, must be secured in position with concrete.
Weight	-- kg
Volume	0,3 m ³

Each piece of equipment has
a specific sticker, detailing
how to use the equipment
in pictogram form and with a
warning against improper use
(size of the user).

Moonwalker for kids

Target group	1 Child
Description of equipment	Tubular frame with two moving footrests. Equipped with a fixed handrail to the top.
Function	Impact-free exercise to improve the mobility of the hip joints, as a means to increase their load-bearing capacity and to encourage lubrication of the joints and cartilage metabolism. Improves the active stability of the knee joints (when locked or slightly bent) and lower back in particular. Strengthens and improves the coordination of the lower abdominal muscles and lower back muscles. Increases the mobility of the lower back and pelvic (sacroiliac) joints.
Usage	1. Cross your arms on the handrail. Draw both legs forwards together. Maintain this position for 5 sec. 2. Move the legs back and forth in turn. Maintain the final position for 5 seconds, then slowly change position.

