

Black/grey is the standard colour, but all RAL colours are available.



Ankle exercise

Description of materials	Welded, blasted and galvanised (or metallised) metal construction, with epoxy coating.
Function	With this equipment you exercise the ankle joints.
Usage	Take a seat or place your wheelchair at the right position. Place your feet on the disc. Make rotating movements while holding a neutral position. It's also possible to do this exercise with 1 foot. Pay attention! Always take a seat before placing your feet on the disc. Balance!

Type	OFS100521
Dim.	83 x 108 x 112 cm
Space	120 x 120 cm
Montage	50 x 50 x 70 cm, must be secured in position with concrete.
Weight	15 kg
Volume	0,1 m ³



Each piece of equipment has a specific sticker, detailing how to use the equipment in pictogram form and with a warning against improper use (size of the user).

Ankle exercise

Niet geschikt voor personen kleiner dan 1,40 meter
Les appareils de fitness sont utilisables pour toute personne mesurant au minimum 1,40 m.

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