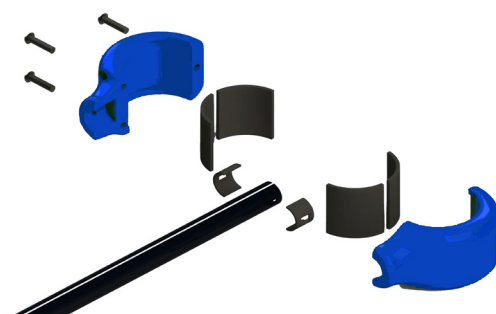


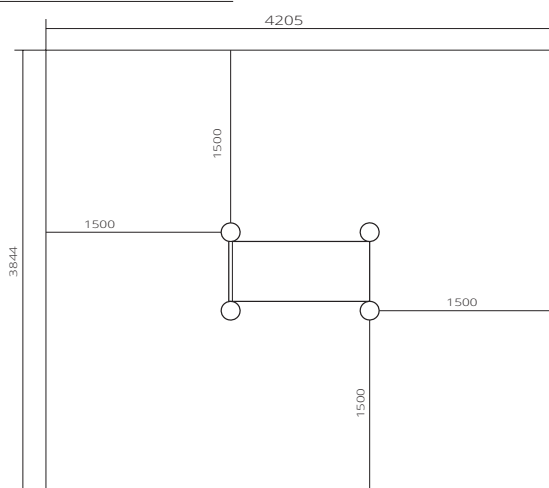
# Bench for abs

OUTDOOR FITNESS SYSTEMS

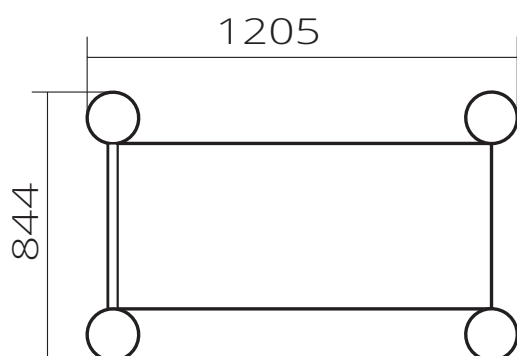
**STREET  
WORKOUT**



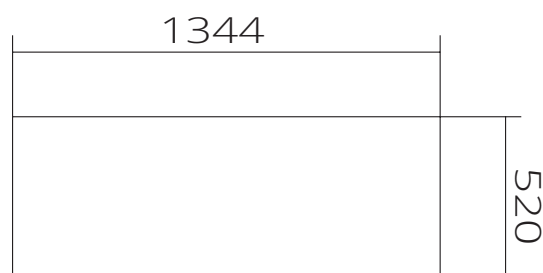
|             |                      |
|-------------|----------------------|
| Type        | SWO130022            |
| Dimensions  | 1205 x 844 x 1254 mm |
| Space       | 4205 x 3844 mm       |
| Safety zone |                      |



Foundation



Detail benchplate



# Bench for abs

OUTDOOR FITNESS SYSTEMS

**STREET  
WORKOUT**

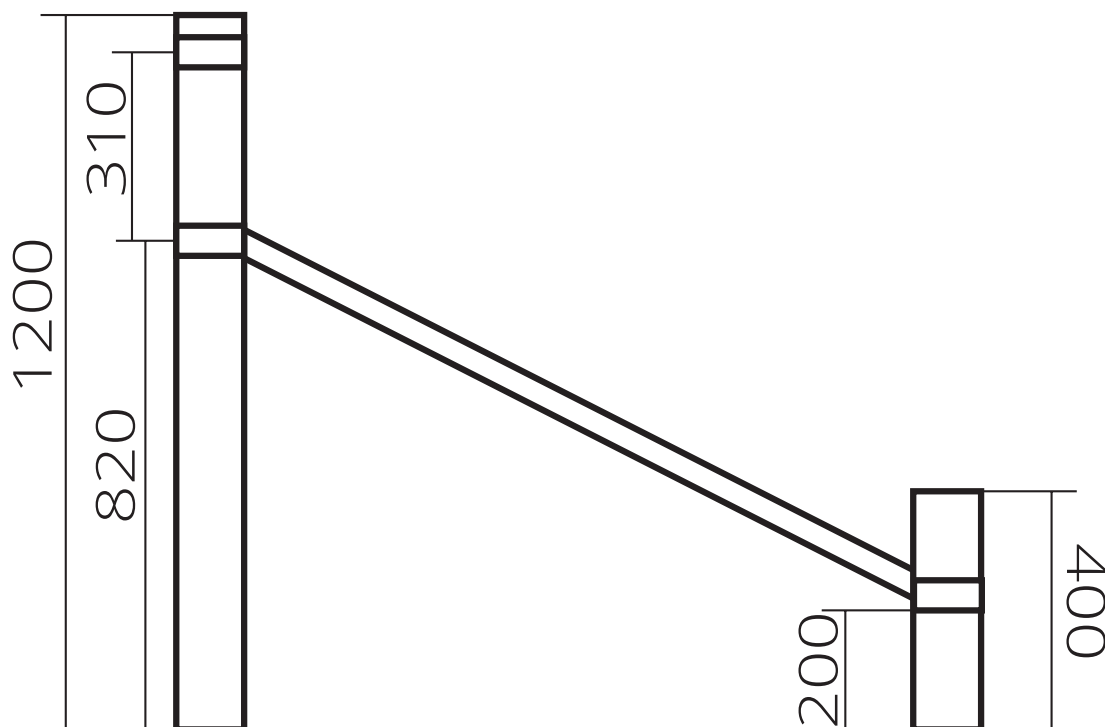


Type

SWO130022



Height of the exercises



Max. fall height = 1130 mm

| Clamps | Floor plates                       |
|--------|------------------------------------|
| 6      | Small floor plates 1m x 1m    2    |
|        | Big floor plates    1m x 1,5m    - |